

De-acidify every day with Alka®

Compensate for the acidifying effects of daily life with Alka®. Alka® products have been developed especially to promote the removal of acid waste from your body. The great thing about Alka® is that all products either can be taken separately, or can be combined with one another. This means you can de-acidify your body more or less intensively depending on what suits your circumstances and life-style. De-acidifying with Alka® is about enjoying an active life in a responsible way.



Supplements to balance your pH



Alka® Drops

Dissolve accumulated acids with Alka® Drops by adding a few drops to your drinking water several times a day.

Alka® Tabs Magnesium

The dual effect of the gastro-resistant Alka® Tabs Magnesium neutralizes the acids in your body and at the same time add extra ionized magnesium.



Alka® Tabs Calcium

Alka® Tabs Calcium has a double effect. It dissolves acidic waste in your body and at the same time adds ionized calcium to your body.

Nutritional products to balance your pH

Alka® Tea

Enjoy and deacidify at the same time with this delicious herbal tea. Alka® Tea contains no less than 52 alkaline herbs and helps to remove acidic waste.



Alka® Minerals

Counteract mineral deficiency caused by acidification and improve the alkaline balance in your body. With Alka® Minerals capsules you replenish all alkaline minerals.



Alka® Greens

Alka® Greens is a tasty green smoothie filled with alkaline nutrients straight from nature. You will improve your pH balance, get more energy and support your immune system and digestion.



Skincare products to balance your pH

Alka® Bath

Help your skin, the largest drainage organ of your body, to remove all acids. Alka® Bath deacidifies, mineralises and soothes your skin and body. Also ideal for small children.



Alka® Scrub

Remove dead skin cells and neutralize acid waste on the skin with Alka® Scrub. The 5 different oils soothe and protect your skin. Your skin becomes radiant and supple again.



Alka® Crème

Indulge your skin with Alka® Crème. This unique alkaline care is a treat for normal skin and ideal for problematic skin or skin recovery. Suitable for day and night for both body and face.



Alka® Tabs Original

ALKALINE CAPSULES WITH BICARBONATES

Balance your pH!

Supports a healthy acid-base balance*



sodium bicarbonate & potassium bicarbonate

*zinc
Content: 60 capsules



enteric coated



allergen free



vegan

Original



How do Alka® Tabs Original work?

Alka® Tabs Original is a safe and smart way to give your body additional sodium bicarbonate and potassium bicarbonate. These bicarbonates neutralise new acidic waste and dissolve all stored and potentially harmful acids in the body, in order to excrete them naturally.



How will you feel?

Deacidifying your body with **Alka® Tabs Original** will make you feel healthier, fitter, and more energetic.



Why deacidify your body?

Our modern lifestyle, personal health situation, and the environment we live in cause a high level of acidic waste products inside our bodies. When these waste products are not fully processed and excreted, our body stores them and slowly acidifies.

If we want our bodies to function optimally, we need a healthy acid-base balance. Deacidifying your body with **Alka® Tabs Original** helps to achieve that.

What do Alka® Tabs Original contain?

Alka® Tabs Original consists of alkaline, enteric coated capsules containing sodium bicarbonate, potassium bicarbonate, and zinc.

What makes the Tabs unique?

The gastric juice-resistant capsules ensure that the ingredients don't get into contact with gastric juice.

The capsules gradually dissolve in the intestines where the sodium bicarbonate and potassium bicarbonate are absorbed safely and effectively.



The optimal ratio

Alka® Tabs Original contain both sodium bicarbonate and potassium bicarbonate, which the body needs for many important processes like maintaining a healthy fluid balance. That is why it is vital that our body contains a healthy ratio between potassium and sodium. **Alka® Tabs Original** capsules have an optimal potassium-sodium ratio of 3:1, ensuring the natural balance inside the body.

Who benefits from Alka® Tabs Original?

Everyone benefits from **Alka® Tabs Original** :

- People who want to actively support their health and healthy lifestyle
- People with a modern lifestyle that causes a high acid load
- People experiencing health complaints caused by acidification



Recommended intake

The recommended dose is 2 capsules per day, preferably taken with water just before, during or after a meal.

The recommended dose for children from the age of 12 is 1 capsule per day.

Tips

If you have trouble swallowing, it is best to take the capsules after a meal. Taking the capsules with some fruit juice can make them easier to swallow.



Personal advice?

Call our **Alka® health line**:

☎ EU: +31 (0)40 30 400 17

☎ UK: (020) 3514 0852

Our **Alka® coaches** are available every weekdays from 09:00 to 17:30 to offer you the best service.

Website and webshop:

www.alka.eu | www.alkavitae.co.uk

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